

CRITERIA 7

Best practices

- Provide first-hand exposure of hospital system to 3rd semester students at the University Health Center as the University Health Center acts as a lab school for our 3rd sem students as part of their 3rd Sem Lab practical course. During this period, each student has to necessarily spend one week in the university health center wherein they are involved in patient registration, taking history, sampling, lab testing, counselling etc.
- Provide diagnostic facility to the university employees and society through free diagnostic screening camps and awareness programs.
- Facilitate 4th semester students for their internship dissertation/training at National Institutes of repute such as AIIMS New Delhi, NCBS Bengaluru, IISc Bengaluru, NIMHANS Bengaluru, CDFD/CCMB Hyderabad, IGIB New Delhi etc.
- Running projects on health issues of societal concern such as Polycystic ovarian syndrome - PCOS, Metabolic Syndrome, Diabetes, Cardiovascular diseases etc.

Vision and Future

- University has recently allotted us a building for Diagnostic center. In this context, establishment of a state-of-art diagnostic-cum-research center at no-profit no-loss basis will be our top priority. We already have the main basic/high end diagnostic equipment's and required manpower available for running the lab. Dept. has applied for its registration through State Medical Council for starting the diagnostic facility for general public, which may be granted in few days.
- The Dept. aims to extend the diagnostic facilities to the immediate society and employees/students of the university at No-profit No-loss basis.
- Applying for special financial assistance under central government fund schemes such as FIST, SAP etc. for overall infrastructural growth of the department.
- Upgradation of our present research lab to a well-equipped lab with all modern facilities and infrastructure (Level-III). For that department has already applied to the university under MERU scheme.
- Preparation of the department for the upcoming NEP post-graduation set up. The PG programs need to be updated to come up to the implementation and achievement of NEP-2020 objectives especially emphasizing on skill based entrepreneurship avenues for which the registration of our Diagnostic lab is utmost requirement.

Program on Mental Health

Department has been actively involved in conducting various programs for overall maintenance of well-being and mental health such as:

- Counseling session of Faculty and students with Clinical Psychologists: In this context, Department has conducted counseling session of teachers and students with

Dr. Imran Noorani, Consultant psychologist Sir Ganga Ram Hospital, New Delhi, India

- Seminar regarding pressing societal issues: conducted one-day symposium on “Drug abuse: Challenges and Awareness” in collaboration with IMHANS, GMC, Sgr, Directorate of School Education and JKSTIC council wherein special talks and deliberations were delivered by leading Psychiatrists of Kashmir viz Prof. Arshad Hussain, Prof. Yassir Hassan and Dr. Fazal E Roub from IMHANS, Srinagar, J and K; Dr. Muzaffar A. Khan, Director, Police De-addiction services, Kashmir.
- Conducted a couple of Counseling-cum-awareness talks by leading endocrinologist of Kashmir, Dr. Ashraf A. Ganie, Associate Professor SKIMS Soura on management of Diabetes and Metabolic Syndrome.
- On routine basis, the department invites the alumni for awareness and counseling sessions for the students with respect to competitive exams (NET, GATE etc.) and higher education studies (Phd, PDF etc.) and other job and placement opportunities.