

Medical Screening Camp under “Seva Parv”

Screening for Anemia, Obesity and Diabetes

Organized by

Department of clinical biochemistry

In collaboration with

Health Centre, Institute of Technology, Zakura Campus

Organized by	Dr Tanvir Ali Dar, Head Department of Clinical Biochemistry, University of Kashmir.
In Collaboration with	Health Centre, Institute of Technology, Zakura Campus
Date	28th September 2025
Theme	Screening for Anemia, Obesity and Diabetes
National Observance	Seva Parv (17th September: 2nd October)
Beneficiaries	Students, staff, and members of the local community

Overview

The Department of Clinical Biochemistry, University of Kashmir, in collaboration with the Health Centre, Institute of Technology, Zakura Campus, successfully organized a medical screening camp on 28th September 2025 as part of the nationwide observance of Seva Parv. Held under the theme “screening for anemia, obesity and diabetes,” the camp sought to raise awareness of common non-communicable and lifestyle-related disorders among students, staff, and the local community, translating the spirit of Seva selfless service into concrete action through health awareness and preventive care.

Free screening was conducted for anemia, obesity, hypertension, and diabetes, reflecting the Department's continued commitment to preventive healthcare and social responsibility. Approximately 200 samples were collected over the course of the camp, with participants evaluated for Complete Blood Count (CBC), lipid profile, and blood glucose levels, providing a broad biochemical assessment of participants' health status.

Anthropometric and Clinical Assessment

In addition to laboratory testing, anthropometric assessments including height, weight, and Body Mass Index (BMI) were recorded to identify overweight and obesity status, while blood pressure measurements were taken to screen for hypertension. Together, these assessments ensured a comprehensive evaluation of each participant's overall health, combining biochemical and physical parameters within a single screening visit. The camp witnessed enthusiastic participation and was conducted successfully through the collaborative efforts of the Department of Clinical Biochemistry and the Health Centre, Zakura Campus. Each participant received personalized counseling based on their test results, and those presenting with abnormal findings were guided towards further clinical evaluation, ensuring that the screening translated into meaningful follow-up care.

Significance under Seva Parv

This event was organized in the true spirit of Seva Parv, a national initiative observed from 17th September to 2nd October that encourages acts of selfless service and social welfare across the country. By focusing on the early detection of anemia, obesity, hypertension, and diabetes, the Department of Clinical Biochemistry contributed meaningfully to preventive health awareness, early diagnosis, and lifestyle modification. The camp not only strengthened community engagement but also reflected the University's broader commitment to applying scientific knowledge for the welfare of society.

Conclusion

The Medical Screening Camp under Seva Parv stands as a successful demonstration of the Department of Clinical Biochemistry's ability to combine scientific rigor with genuine community service. The screening of approximately 200 participants, coupled with personalized counseling and structured referral for abnormal findings, underscores the Department's sustained commitment to preventive healthcare, early diagnosis, and the promotion of healthier lifestyles among the University and wider community.



